# Land-sea connections in Puget Sound and why they matter

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PUGET SOUND INSTITUTE

W UNIVERSITY of WASHINGTON | TACOMA

Land Use Session: 2025 NW Straits MRC Conference

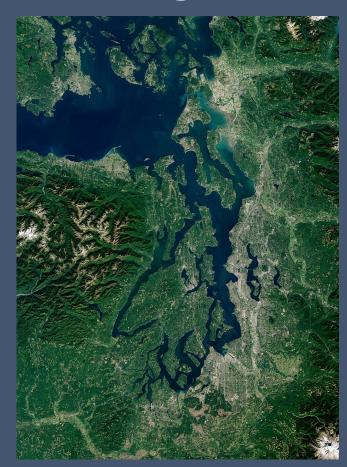


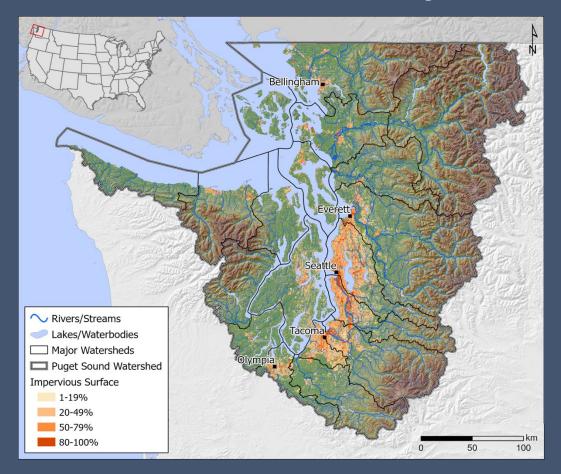
### Estuaries – interface ecosystems





## Puget Sound: an inland sea estuary









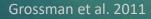
#### **Fraser River plume**

Whidbey Island

**Skagit River plume** 



Goat Isl.

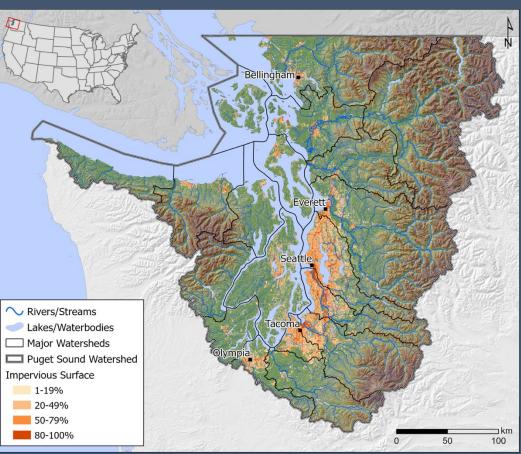




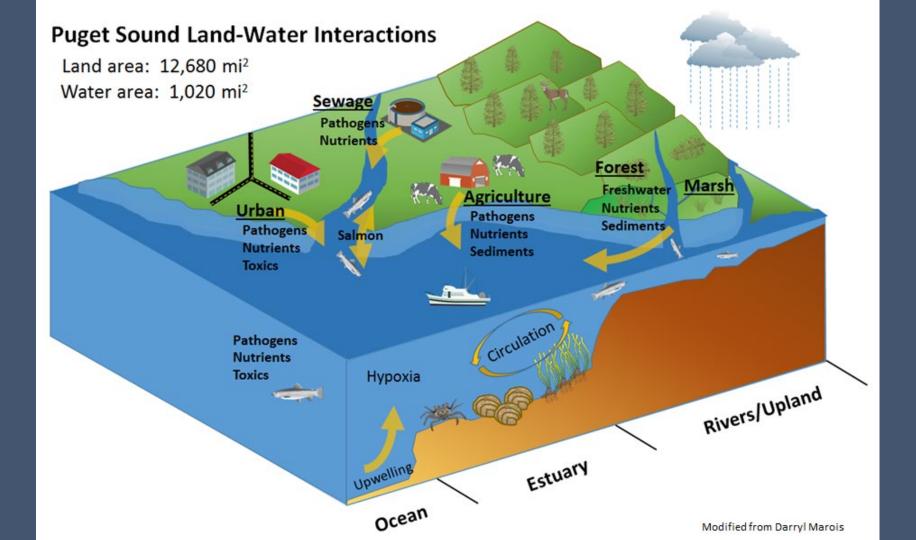


#### Puget Sound: an inland sea estuary





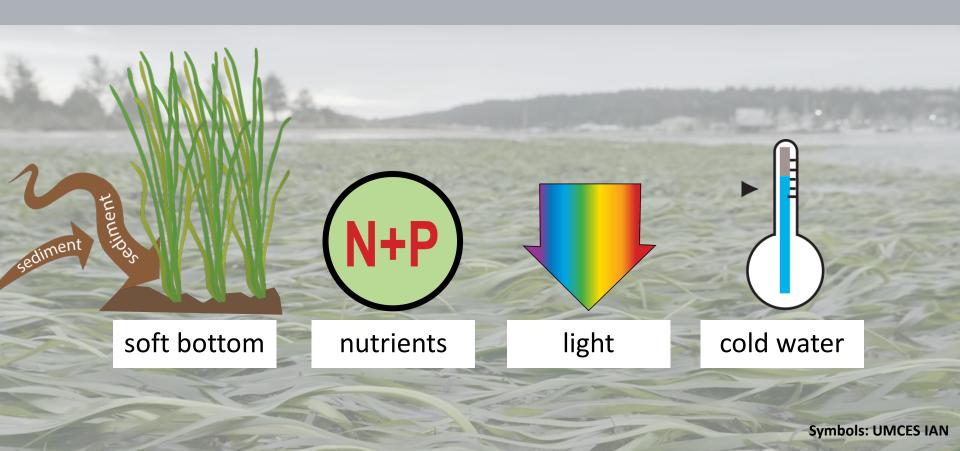






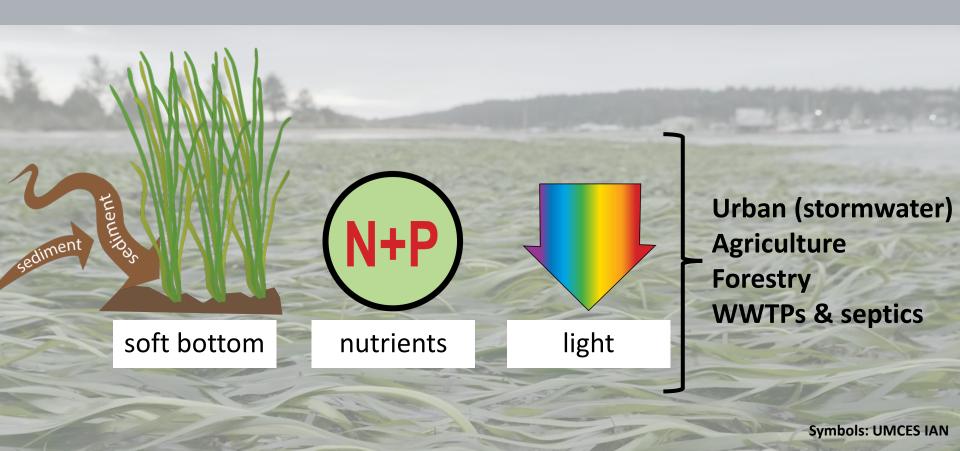


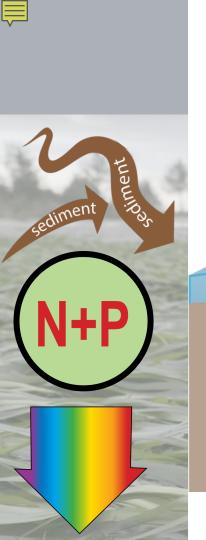
# Recipe for healthy eelgrass

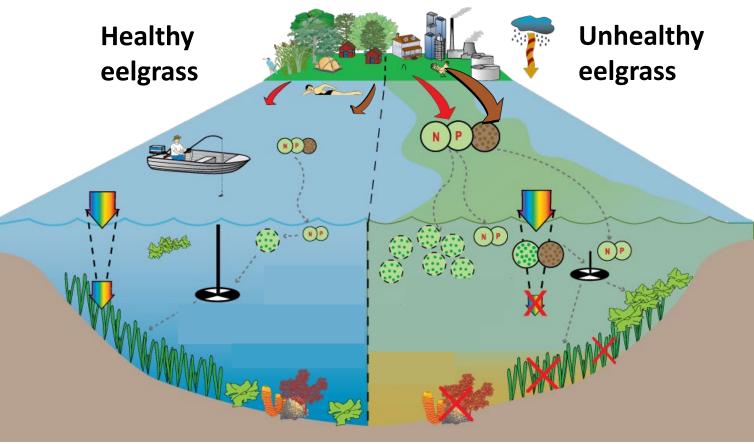




## Recipe for healthy eelgrass







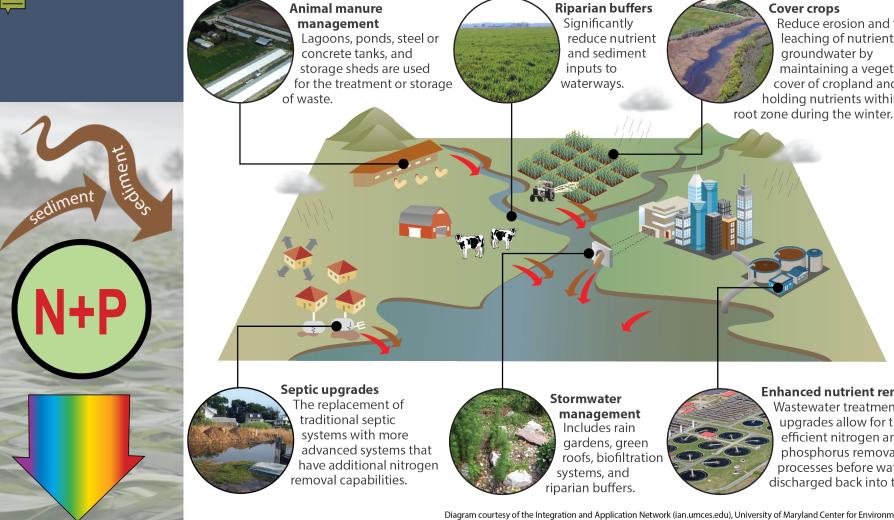


Diagram courtesy of the Integration and Application Network (ian.umces.edu), University of Maryland Center for Environmental Science.

**Cover crops** 

Reduce erosion and the

leaching of nutrients to

maintaining a vegetative

groundwater by

cover of cropland and

holding nutrients within the

Enhanced nutrient removal

efficient nitrogen and

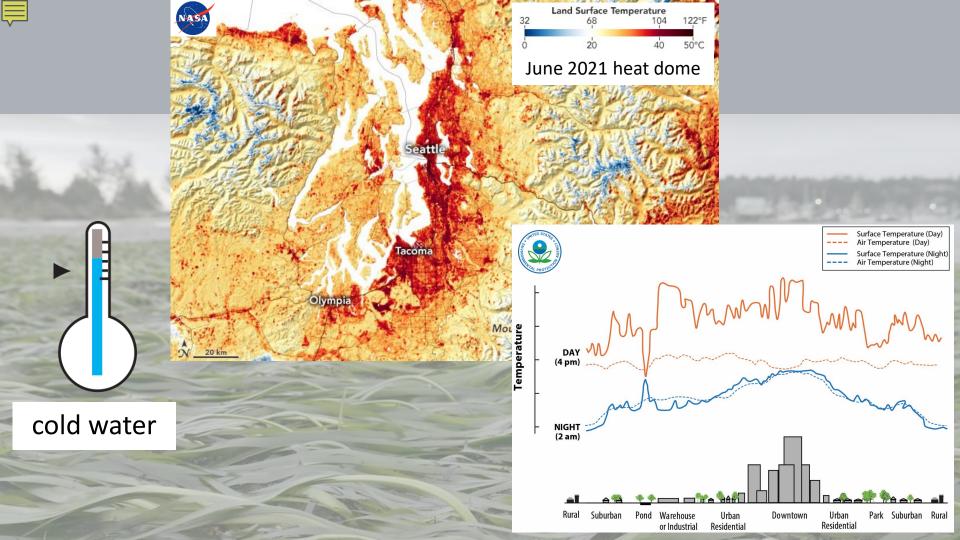
phosphorus removal

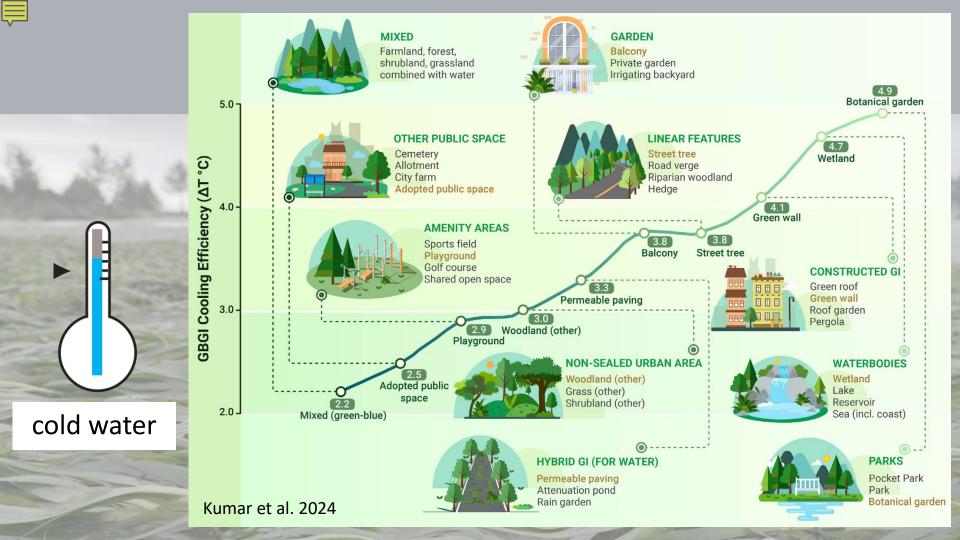
processes before water is

Wastewater treatment plant

upgrades allow for the most

discharged back into the system.









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- Modeling & Research to evaluate the influence of terrestrialfreshwater connections on marine water and habitat quality
- Analysis of policies, programs, and state of the science
- Communication: Encyclopedia of Puget Sound, Salish Sea Currents



